In The Specification:

Please amend paragraph [23] as follows:

In still another object of the invention, there is also provided a stack for a weight-training machine having a weight adjustment device in which the number of buttons corresponding to the number of stacks is installed at a front center of the stacks, and in which a fixing plate is moved forward or backward by automatic or manual operation of the buttons so that the fixing plate is inserted into or taken out of the insert groove, wherein [[~~a weight adjustment device insert groove~~]]an insert recess is formed at a front center of the stack so that the weight adjustment device is inserted therein, wherein the fixing plate has a rectangular plate shape, wherein the insert groove is formed at a lower center of a side that forms a front surface of the [[~~weight adjustment device insert groove~~]]insert recess so that the fixing plate is inserted therein.

Please amend paragraph [104] as follows:

Figs. 15 and 16 [[~~shows~~]]show a stack for the weight-training machine according to the present invention. This stack 240 has a cubic shape with a certain weight. As shown in Fig. [[~~3a~~]]17, a resin layer 240c is coated on the surface of a metal body 240b having a cubic shape. Guide holes 240e are vertically formed at both sides thereof. Stoppers 240d are protruded upward at four corners by a low height.

Please amend paragraph [105] as follows:

In addition, a [[~~weight adjustment device insert groove~~]]insert recess 240k with a cubic shape is formed at the center of the side that forms a front surface 240h. This [[~~weight adjustment device insert groove~~]]insert recess 240k makes the stack configure a "C" shape.

Please amend paragraph [106] as follows:

An insert groove 240a having a small rectangular size is also formed at the lower center of the side that is positioned in front of the [[~~weight adjustment device insert groove~~]]insert recess 240k. This insert groove 240a is formed at the center of gravity of the stack 240.

Please amend paragraph [107] as follows:

In addition, edges of the front surface 240h, the side surface 240j, the rear surface 240i and the side surface 240j, positioned at both sides of the [[~~weight adjustment device insert groove~~]]insert recess 240k, form a 1/4 arc. Or, the side surface 240j forms an arc.

Please amend paragraph [111] as follows:

Thus, the weigh adjustment device 200 having the number of buttons 230 corresponding to the number of stacks 240 is inserted into the [[~~weight adjustment device insert grooves~~]]insert recesses 240k of the stacks 240. In addition, the operation distance of the fixing plate 220b moving in combination with the button 230 becomes minimized. Moreover, since the operation distance is shortened, the fixing plate may be operated with a small amount of force, thereby

allowing a one-touch manipulation. In addition, the insert groove 240a is formed at the center of gravity of the entire stacks 240 and prevents the stacks from being shaken right/left or up/down.

Please amend paragraph [114] as follows:

Furthermore, since the [[~~weight adjustment device insert groove~~]]insert recess is formed at the front center of the stack, an operation distance between the fixing plate and the push button of the fixing device may be minimized, thereby shortening its length, so the fixing plate may be operated with a small amount of force. In addition, since the insert groove is formed at a position corresponding to the center of gravity of the stack and the fixing plate has a rectangular plate shape, the stacks are not shaken right/left or up/down on the basis of the fixing plate and the insert hole.

In The Drawings:

A replacement drawing sheet is submitted hereby in which Fig. 11 has been amended to change the reference character "220a" to "230" to be consistent with the disclosures related to Figs. 9-11.